

The Fort Huachuca Scout®



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Photo by Thom Williams

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Retired Soldier's letter to the Scout

I spent my first full day of military duty at Fort Huachuca in 1949 as a raw recruit with the Arizona Army National Guard, and my last day in uniform there in 1988, when I stood Retreat alone at the garrison flagpole, only hours away from retirement. I spent many days training at Fort Huachuca between those first and last days in uniform, and was there over the (recent) Christmas holidays to visit my wife's grave in the post cemetery.

Whatever calls me to the post, I always read with interest the latest edition of The Fort Huachuca Scout, a newspaper that I contributed to in those early years. The Scout always provided major coverage to Army National Guard units training on the post. Still in publication more than 50 years after the first press run, the Scout offers a valuable record of Fort Huachuca's formidable contributions to the Army and national defense after World War II.

On my first visit in Fort Huachuca, the post was abandoned and empty, deactivated at the end of the war and conveyed to Arizona as a training area. I was billeted in the old post barracks now housing the Casualty Assistance Office. The walls were covered with a magnificent mural of Black folklore, put there by African-American troops stationed at Fort Huachuca during World War

II. At the other end of the line of old post barracks, one building was occupied by a gallows, new wood and new rope, supposedly awaiting the return of a wartime deserter.

I have missed only a few years returning to the post since that first experience long ago. I feel fortunate to be a spectator to Fort Huachuca's postwar history and to see the changes in the Army, the post and its missions - from training Air Force engineers to pioneering battlespace electronics, to introducing computers into the Army and, now, to developing new dimensions for military intelligence, more than ever a decisive factor in war.

The post has changed some, of course. The extensive playground equipment located everywhere and the abandoned Lakeside Officers Club together offer evidence of the major shift from a barracks culture to family life. Little remains of the World War II structures that once dominated the post. Even so, Fort Huachuca has a haunting quality; I can almost hear the creak of cavalry leather and echoes of bugle calls when I walk the old post parade ground.

The Dec. 15th issue does The Fort Huachuca Scout proud. Keep up the good work.

Jay Brashear
BG (Ret)

Tucson Sidewinders baseball team to visit Fort Huachuca

The Fort Huachuca community is invited to enjoy a baseball demonstration and autograph session with members of the Tucson Sidewinders baseball team at 9:30 a.m. Wednesday, Feb. 1, on Warrior Field located behind Eifler Physical Fitness Center, Bissel St., Prosser Military Intelligence Village.

In addition to an informal baseball session, the Sidewinders will sign autographs and answer questions until approximately 10:15 a.m. Bring memorabilia or autograph books for signing, and a camera for photographing the players.

The Tucson Sidewinders' annual Winter Caravan provides coaches and players an opportunity to meet and interact with local residents of different communities as the Sidewinders travel to various locations in the Southwest.

For additional information call Joan Vasey at (520) 533-2622.

Scout On The Street — What are you most superstitious about?



APRIL BOUCHARD

If my ears are ringing, someone must be talking about me.



SGT. MARICELA GUTIERREZ
640TH MILITARY INTELLIGENCE COM-PANY

When you are walking with someone, you can't let a pole split the two.



SPC. TREMAINE KNOX
ALL ARMY BOXING TEAM

Splitting poles (bad luck), seeing a black cat walking by.



2ND LT. CALVIN ROE
COMPANY B 305TH MILITARY INTELLIGENCE BATTALION

Every time I wear my Denver Broncos t-shirt, they seem to lose. So, I stopped wearing it during the games.

The Fort Huachuca Scout

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NETCOM icon retires

Government civilian worker ends 57-year career with the Army

BY GORDON VAN VLEET

NETCOM/9TH ASC PUBLIC AFFAIRS OFFICER

A quick lesson in history might tell someone that in the year 1948 Mahatma Gandhi was assassinated, Czechoslovakia went under communist rule, the nation of Israel was formed, and the Berlin airlift began. All were significant events that year, but none had the impact on the Army signal community as much as when a young Texan named Gerald "Jerry" King, walked into an Army recruiting station in 1948 and began his 57-year career with the Army.

King's retirement on Jan. 3, will bring to an end more than 20,850 days of service to the United States government. King joined the Army in 1948 and retired after more than 22 years of service as a command sergeant major. One day after his retirement, King became a contractor at the Electronic Proving Grounds here and as an instructor at Cochise College where he taught a 24-week Communications Systems Engineering course. It was a few years later when King became a government civilian worker in December 1972.

King's time at Fort Huachuca has been part of a long and distinguished career for the signal community and the government. Still living in the same home purchased in 1970, King said he has seen a lot of change at both the post and the Sierra Vista community. "Things here have changed big time," said King. "I remember the four lanes of Fry Boulevard used to travel from the main gate to 7th street. There wasn't anything after that except for a gas station and a little grocery, all the way to the high school."

Ending his career as Chief, Plans Division, NETCOM G-3, King has worked many critical jobs for the Army. "I remember the most complex job I held was as the BRAC (Base Realignment and Closure) director for the command from 1989 to 1994," King said. "I helped stop our command's relocation to Fort Devens, Mass. At that time they were planning on moving our command, which

included ISEC (Information Systems Engineering Command) and the Software Engineering Command to Fort Devens. I was able to convince the Secretary of the Army that it would not be in the Army's best interest to make the move. That was my proudest moment and one that saved the tax payer more than \$250 million." Of course the down side, King said, was the Army ended up closing Ft. Devens.

One of the most complex tasks King handled while with NETCOM/9th Army Signal Command was his work at establishing communications for Operation Enduring Freedom. King played a pivotal role in establishing critical communications in Uzbekistan and Afghanistan for the War on Terrorism using internal resources and limited funds. And even though he never set foot in either country, it was his efforts back at Fort Huachuca that ensured communication facilities received the right equipment on time helping the Warfighter.

King's time in the Army was spent around the world with two tours in Germany, a tour in Vietnam and a tour in Korea; and just about every assignment King had, his Texas roots went with him, he said.

"When I first went to Korea (which was just after the Korean War) we were coming ashore aboard landing craft into the port of Inchon at low tide," he said. "When Inchon is at low tide the entire inlet is nothing but low water and mud and it had a very distinctive aroma. As we were heading in, another landing craft

was heading out, and a Soldier on that craft yelled out, 'Is there anyone from Texas on board?' and a few of us replied yeah, and then the Soldier yelled back, 'Welcome

and their dedication to excellence," King said. "I will also miss the responsibility I had, such as overseeing a \$300 million plus budget and ensuring that the tax payers'

money is well spent. However, I'm sure my wife is going to keep me busy with a lot of things to do around the house." King said he will also finally have time to sit down and read a good book and maybe spend some time with his stamp collection. King said the past 57 years he has spent working for the Army was not always easy, but he had help.

King and

his wife of 51 years, Erika, have three children, five grandchildren and five great grandchildren, and it was his family that became the stabilizing force of his life which, along with his strong faith in God, helped him throughout his career with the Army, both as a Soldier and as a civilian.

King had an impact on most signal members during his long career and he was recognized for his contributions during an award ceremony Dec. 27, when King was presented the Decoration for Exceptional Civilian Service medal. During the ceremony NETCOM/9th Army Signal Command's Commanding General, Brig. Gen. Carroll Pollett said that he doubts there is anyone in the signal community who does not know of this great American, Jerry King.

A few days after the award ceremony, King wore his duty cap one last time Jan. 3, before finally leaving a service he has dedicated his life to for more than half a century.



Photo By Gordon Van Vleet

Gerald "Jerry" King holds the Decoration for Exceptional Civilian Service medal presented to him by Brig. Gen. Carroll Pollett (left), commanding general, NETCOM/9th ASC, while King's wife, Erika, looks on. King, who put in 57 years of government service to the Army as an active duty enlisted member, contractor, and government civilian, retired Jan. 3, 2006.

home boys!"

During his time in Vietnam, King was the operations sergeant major for the 1st Signal Brigade at Long Binh. During his first tour in Germany, King worked with the border patrol along with the constabulary armor recon team during a dangerous time in the early 1950s when defectors frequently crossed the border. King said on more than one occasion they would hustle a defector aboard their vehicle and high tail it back to headquarters before any shooting began.

During his time with the Army, King saw a lot of change. "What I will remember the most is the changes in technology. I saw us go from the vacuum tube, to the transistor, to the chips we use today." King said he enjoys the hands-on work signal people do, but he also acknowledges that the hands-on work became less and less as he progressed up in grade.

King said there is a lot he is going to miss about working for the Army. "I will miss the people

WIN-T changes definition of a signal site

BY 1ST LT. ANDREA PRATT
11TH SIGNAL BRIGADE PAO

"This is going to change the entire concept of (the Signal Corps) and its Warfighter capabilities," said Chief Warrant Officer John Proctor, 11th Signal Brigade Network Technician. "The definition of a signal site will change as there won't be 'sites' with tents, and camo. We'll be moving around the battlefield with the Warfighter, providing them the (communication services) they need on the go ... it's going to change a whole lot of things for us."

Proctor had the unique opportunity to be a part of the Developmental Test/Operational Test for the Warfighter Information Network-Tactical telecommunications system at Fort Huachuca, Ariz., from mid-October to mid-November.

The \$10 billion WIN-T program was developed by Team Matrix, a group of companies led by General Dynamics Corp. and Lockheed Martin. WIN-T is the Army's tactical telecommunications system for reliable, secure, and seamless video, data, imagery, and voice services which enable decisive combat actions. The key is the high mobility this system can provide. It can establish an environment for commanders, at all echelons, to operate with virtual staffs and analytical centers that are located at remote locations. The system provides mobile C4ISR: command, control, communications, computers, intelligence, surveillance and reconnaissance support capabilities. It also allows multimedia



Courtesy photo General Dynamics

Tight working quarters inside the mobile communications van

support of tactical information systems within the Warfighters' flexible battle space.

WIN-T will provide invaluable communications support to the changing battlefields of the future. Communications networks and systems will have to adapt and operate effectively in an information-centric environment. They will also have to continue to move and develop throughout missions. WIN-T will make this possible.

Before the system is fielded, however, it needs to pass a series of Army DT/OTs.

This DT/OT featured a network ranging from mobile subscribers in Fort Huachuca to Fort Hood, Texas, to a Strategic Tactical Entry Point site at Fort Monmouth, N.J.

Each site independently monitored the entire network and their mobile subscribers, such as mobile vehicles, airborne vehicles, and satellite communications, through their own software. They were able to monitor real-time communication including data, voice, and internet passing between each subscriber.

"This has been really exciting for me," said Chief Warrant Officer Robert Holmes, Signal Center instructor at Fort Gordon, GA, "I can't say enough about getting out from behind the desk at the school house to come out here and see the equipment working like this."

When Greg Wagner, a contractor supporting Program Manager WIN-T, was asked how he felt about being a part of the testing procedure, one word came to mind, "Sweet."

The sentiments of excitement, pride, and eager anticipation for the operators of this test can be easily understood. WIN-T is currently the cutting edge of communications technology both commercially and on the battlefield.

The flexible networks that WIN-T allows are all "smart." They are self-healing, self-discovering, and completely I P-centric, meaning that all voice traffic inside the gateway is over

The definition of a signal site will change as there won't be 'sites' with tents, and camo. We'll be moving around the battlefield with the Warfighter, providing them the (communication services) they need on the go... it's going to change a whole lot of things for us.

Chief Warrant Officer John Proctor, 11th Signal Brigade

Internet Protocol. This allows for constant communications support and service to the mobile subscriber. The system mandates standards and protocols in order to provide the most efficient and responsive movement of information, by moving it in a manner that supports commanders,

staffs, functional units, and capabilities-based formations as mobile, agile, lethal, sustainable, and deployable.

The implementation of WIN-T will change the manner in which the Signal Corps executes its mission. It will replace current communications architecture and equipment, even though it can currently interface with legacy components. WIN-T will offer seamless interoperability with other networks, including legacy, joint, coalition and even commercial networks, using all available links to support the Warfighters anywhere on



Courtesy photo General Dynamics

Testers demonstrate the WIN-T Point of Presence Command Center to visiting guests on the Electronic Proving Grounds.

the globe. The current tactical networks will take some work to effectively and efficiently modify to satisfy future battlefield operational requirements. WIN-T will be a solution in high demand.

WIN-T will enable commanders and staff to plan, prepare, and execute multiple missions and tasks simultaneously, and will thusly serve as a "combat-multiplier." With WIN-T, commanders will be able to maintain constant battlefield situational awareness on-the-move, and will be able to better synchronize their combat power.

"Normally, most systems are 'evolutionary.' This is more of a 'transformational' step for the Signal Corps," said Maj. Rob Collins, Program Manager (PM) from Fort Monmouth, N.J. "This is a big leap ahead for network technology and mobile communications." Collins is responsible for collecting the DT/OT results, operational insights, and user comments collected from the Soldiers and operators. He will submit the collected data to the Army Testing Evaluation Command (ATEC) for further evaluation before the Operational Test Command (OTC) - the final test before fielding.

The Signal Corps has not integrated technology of this kind in any of its more advanced units yet; however, Signal Soldiers everywhere are looking forward to its actualization and distribution. According to U.S. Army plans, WIN-T equipment will be introduced with current units as early as possible, even prior to full system deployment. Tentatively, WIN-T will be fielded across the Army by 2008.

Secretary of the Army approves Body Armor and Protective Equipment Reimbursement Program

BY MAJ. PAUL
CUCUZZELLA

U.S. ARMY CLAIMS SERVICE

On 21 November 2005, the Secretary of the Army issued final instructions implementing the Department of the Army's program to reimburse Soldiers who purchased body armor and certain other protective, health and safety equipment for use in Operations Noble Eagle, Enduring Freedom or Iraqi Freedom. Soldiers can also be paid for these items if the items were purchased for them by someone else, such as members of their family. Soldiers currently on active duty, including those in the Army Reserve or National Guard, former Soldiers, and survivors of deceased Sol-

diers may now file claims and receive reimbursement for privately-purchased protective equipment if the Soldier was not issued equivalent equipment by the Army prior to deployment on one of these Operations.

The Army will reimburse Soldiers for protective body armor, combat helmets, ballistic eye protection, hydration systems, summer weight gloves, and knee and elbow pads (also, deltoid and axillary Protector, and side plate body armor). As for body armor, a Soldier may be reimbursed for the purchase of a complete outer tactical vest (OTV), or for the separately-purchased components of an OTV, to include Small Arms Protective Insert (SAPI)

plates. To qualify for reimbursement, the equipment must have been purchased after September 10, 2001, and before August 1, 2004, and all equipment for which reimbursement is sought must be turned into the Army at the time a claim for reimbursement is filed. Claimants who no longer have the equipment must explain in writing why they cannot turn the items in with their claim. If there is a good reason, they may still be paid.

The amount of reimbursement for a given item depends upon whether the claimant produces proof of the actual purchase price. A claimant who provides proof of purchase will be reimbursed the full purchase

price plus shipping costs for each item, up to \$1,100 for any single item. If no proof of purchase is provided, the claimant will be reimbursed at a rate pre-established by the Department of the Army for each item of equipment. For example, the Army will pay \$551.60 for a complete Outer Tactical Vest (OTV) if no purchase receipt is submitted with the claim.

Current active duty or active reserve component Soldiers who seek reimbursement should complete and file a DD Form 2902 with the first field grade commander in the Soldier's current chain of command. With the completed DD Form 2902, the Soldier must provide a copy of proof of deployment

(such as deployment orders or a DD Form 214 noting deployment) and copies of all receipts or other proof of purchase for the items claimed. The Soldier must also turn in all reimbursable items to his or her unit at the time the claim is filed. If a Soldier is not in possession of some or all of the items, the Soldier should submit a written statement explaining why the items are not available.

Former Soldiers and survivors of deceased Soldiers should complete a DD Form 2902 claim form and mail it directly to the U.S. Army Claims Service (USARCS) at the address provided in block 12 of the DD Form 2902. As with claims submitted

See **ARMOR**, Page A14

Post Housing named Army's best

SCOUT REPORTS

The Fort Huachuca Housing Division, Directorate of Public Works, was recently named the Outstanding Non-Privatized Housing Operation in the Army by the Office of the Assistant Chief of Staff for Installation Management.

The post Housing Division competed against Army housing divisions around the globe, with a panel of judges looking at a range of criteria from off-post housing, to how unaccompanied-Soldier barracks are managed.

The Fort's housing office currently serves 2,926 single servicemembers, 1,070 families, and provides about 1,750 quarters offpost.

Sylvia Pete, chief Fort Huachuca Housing Division, attributes the honor to the Housing Division staff's focus on customer service.

"Our employees in the unaccompanied personnel housing, furnishing management and family housing branches have been extraordinary," Pete said.

"They are all customer service oriented and always go the extra mile constantly keeping a positive attitude, and I think that is reflected in what we are able to accomplish and in the Soldiers' satisfaction."

According to the text of the award nomination, the Housing Division uses an "agent concept" by cross-training housing inspectors and counselors and then assigning neighborhoods to provide cradle to grave service to Soldiers and their families. The concept resulted in an increase in customer satisfaction and a swell in the agents' ownership of the houses.

The Housing Division collects customer feedback from a variety of sources such as customer surveys, town hall meetings and Army Family Team Building symposiums to determine customer requirements and to reenergize their customer focus.

"Our customer comment cards are probably our greatest source of feedback and we use those on a daily basis," Pete said. "Time and time again the customer satisfaction surveys show not only on assignment to quarters but also on termination from quarters, out of a possible five points we consistently score between 4.6 and 4.9 and the comment sections repeatedly say we are among the best housing that they've ever been in."

Replacing housing that is more than 50 years old is also a priority for the office, with deteriorated units being replaced with new houses with

dual-pane windows, long-lasting tile roofs and low water use landscaping. Water-using swamp coolers were replaced with air conditioning units, saving water and increasing the comfort of residents.

"When we are finished with this cycle by the end of [Fiscal Year] 08 we should have either all brand new or all completely renovated housing on Fort Huachuca," she said.

During the replacement process, the Housing Division worked with military units, law enforcement and first responders to allow training to take place in quarters awaiting demolition.

"If you take a look at the facilities that we have at Fort Huachuca, we've done a really good job over the years in aggressively seeking funding from the Department of the Army," Pete said. "And we used the funds that were made available to us in the regular budgeting process, making the best use of that money to program long range plans and following those plans through."

The Housing Division also built the first fully handicapped accessible playground in Arizona, allowing physically challenged children access to all the equipment.

The overwhelming customer response to the improvement motivated the office to upgrade all the playgrounds on post.

See **HOUSING**, Page A8

From **HOUSING**, Page A6

With Fort Huachuca being a National Historic Landmark, housing is responsible for the stucco and adobe historic homes along Brown Parade Field which are some of the last of their kind remaining in the United States.

Working with the Arizona State Preservation Office, housing personnel improved the infrastructure of the homes, enhancing safety for residents and ensuring the buildings will remain standing another 100 years.

“All of the houses on Grierson in FY 06 and FY 07 will be renovated as they are vacated, so all of the stucco will be repaired like we did on Quarters One and Two,” she said.

The nomination went on to say that Soldiers living in the barracks are also experiencing an increase in their quality of life with the Unaccompanied Personnel Housing Branch’s implementation

of centralized barracks management.

Single Soldiers now report to civilian managers who follow the same procedures as traditional family housing operations. The new measures ensure Soldiers move into a clean and well-maintained room.

“We did centralized barracks management, but it’s not 100 percent at this point,”

Pete said. “But we took the initiative to hire civilian barracks managers to take care of the various complexes, excluding the [Advanced Individual Training] Soldiers.”

The housing office’s influence reaches into Sierra Vista and Soldiers’ off-post housing. Every new listing is inspected and older archived properties are re-inspected to ensure the livability of the unit. The housing office also works with local utility companies to waive deposits for electric and gas service.

The Housing Division will be honored by the

Professional Housing Managers Association at a professional development conference in San Diego, Calif., Jan. 30-Feb. 3.

The Fort Huachuca Housing Division will receive the association’s outstanding Army housing installation team award for traditional locations. The award goes to the housing team that provides an outstanding living environment for servicemembers and their families to include areas such as bachelor, family and transient housing.

The PHMA promotes, provides and coordinates professional training and certification programs in housing and lodging management.

The organizations mission is to contribute towards better quality housing for military members and their families by continuously raising the level of proficiency and professionalism within the military services’ housing profession.

(Editor’s note information for this article was taken from the Professional Housing Managers Web site at www.phma.com/index.html)

Fort Huachuca OCS candidate selectees

SCOUT REPORTS

Spc. Christina Brown, Headquarters and Headquarters Company, U. S. Army Garrison, a mental health specialist from Fort Worth, Texas has been selected to attend Officer Candidate School.

Brown graduated from Eastern Hills High School in

Fort Worth, Texas in 1996 and enlisted in the Army Reserve in 1998. The Soldier attended basic combat training at Fort Leonard Wood, Mo., in 1998, and then went to advanced individual

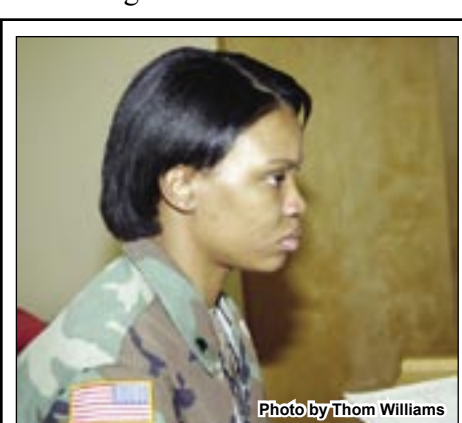


Photo by Thom Williams

Spc. Christina Brown, HHC, USAG looks at a computer screen in her office in the ASAP building. The mental health specialist has been selected to attend OCS.

training at Fort Sam Houston, Texas.

The 25-year-old remained in the individual ready reserve until 2003 and then came on active duty. The Soldier has been on active duty three years and one month and works with the Army Substance Abuse Program on Fort Huachuca.

The post is her first active-duty assignment and she's been stationed here for almost two years.

Brown is a member of the All-Army boxing team, an Armed Forces Champion and is currently ranked second in the middleweight 165-pound weight class by USA Boxing.

Brown said she decided to try and become an officer because she wants to lead Soldiers and experience being in a command position.

"I submitted a packet, and I went before a board, and I was selected to go" said Brown.

Brown's advice for other Soldiers who plan to apply for Officer Candidate School is plan ahead and stay diligent.

She is pursuing a bachelor of science degree in occupational education at Wayland Baptist University.

Brown is a single Soldier and is a self-confessed gym rat.

"I'm always in the gym working out trying to sharpen my boxing skills," she said. "I work, I go to school, and I go to the gym; that's all I've done since I've been here."

The Soldier has a bit more paperwork to submit and then will be assigned a branch. Brown said she hopes she gets a job in the Military Intelligence Corps.

Staff Sgt. Benjamin Sones, Company B, 305th Military Intelligence Battalion, a drill sergeant and cryptologic linguist from Carriere, Miss., has been selected to attend Officer Candidate School.

Sones graduated from Pearl River Central High School in Carriere, Miss., in 1988 and then joined the U.S. Marine Corps. He graduated from basic training at Parris Island, S.C., and attended the advanced training in California.

During his stint in the Marines he was assigned to the 3rd and 4th Marine Divisions in Mississippi and California.

The 35-year-old has been stationed around the globe from Yemen to Subic Bay, the Philippines with many stateside assignments like Fort Meade, Md., and Fort Leonard Wood, Mo., just to name a few.

Sones has 17 years and nine months of service with nine years spent in the Army. This is his third

tour at Fort Huachuca.

He said that going to OCS has always been one of his long-term goals and he is the first in his family of many veterans, to try to become an officer.



Photo by Thom Williams

Staff Sgt. Benjamin Sones (right) checks an inventory being compiled by Pvt. Matthew Jones. Both Soldiers are assigned to Company B, 305th Military Intelligence Battalion.

"I dedicated one hour each day for three months getting the administrative portion of the packet completed," Sones said.

His advice to other Soldiers who are thinking about submitting a packet is to keep good records and stay focused.

"Take advantage of the military tuition assistance program, and no matter where you are, take college courses," he added.

Sones is currently attending Wayland Baptist University and expects to soon receive a bachelor of science in psychological studies.

He's been married to his wife, Rebecca, for 13 years and they have five children. Sones hobbies include coaching Soldiers in intramural sports, volunteer work and spending quality time with his family.

Sone also has interests in world history, war strategies and riding his Harley Davidson motorcycle.

ALL Army Boxing

BY KATHY MILLER
MWR MARKETING

Fort Huachuca will host the 2006 All Army Boxing Championships Jan. 20 and 21 at Barnes Field House. Doors

open at 6 p.m. and the bouts start at 7 p.m. Admission for both nights is free.

Twenty-six male and three female boxers will vie to qualify for open slots on the 2006 All Army Boxing Team.



Photo by Esau Lolis

All Army boxer Spc Ronald Williams of the Mississippi National Guard strikes a punching bag held by teammate Spc. Nathaniel Hicks during training for All Army Boxing Championship.

These athletes have come from installations around the world.

The winners will advance to the Armed Forces Championships, and from there to the World Military Championships-Conseil de International Sports Militaire-which will be held in Warendorf, Germany in September.

Returning to this competition will be World Class Athletes, Capt. Boyd Melson, the USA's 2004 CISM gold medalist in the light middleweight division, and Staff Sgt. Christopher Downs, the USA's 2005 CISM bronze medalist in the light heavyweight division.

Other WCAP boxers include Spc. John Franklin, Staff Sgt. Marshall Christmas, Spc. Quentin McCoy, and Sgt. Joe Guzman.

Head coach for the competition is Basheer Abdullah, who is a member of the WCAP and

has years of coaching experience. In 2004, he served as the USA's Olympic Boxing head

coach.

For more information, call 533-3180.



Photo by Thom Williams

Volunteer of the month

Carrie Grove, the December volunteer of the month, receives a Merit Award from Col. Jonathan Hunter, Fort Huachuca garrison commander Jan. 3 at the Thunder Mountain Activity Centre. Grove volunteers at the General Myer Elementary School where she helps the school staff in a variety of areas from the Parent Teacher Organization to assisting the School Nurse.

December Civilian of the Month recognized for post charity

BY ESAU LOLIS
SCOUT STAFF

The winning nomination for the Fort Huachuca Civilian of the Month for December is Josephine Moore, Fort Huachuca Installation Staff Chaplain's Office.

Moore, who has been working as Support Services Assistant to the Installation Staff Chaplain since 1984, was recognized for her meritorious and selfless service Jan. 3 during a ceremony at the Main Post Chapel.

Moore said she was overwhelmed with emotion when she found out that she was Civilian of the Month for December. "I was just doing my job," she said. "Always have."

Those who know Moore say for the months of October, November and December, she is the hardest working individual on the installation, both military and civilian.

According to her co-workers, Moore is overall responsible for the great success of last month's Angel Tree program.

Over 600 children and families were able to receive assistance in the form of toys

and food during the Christmas holidays.

"She coordinated, implemented, put the whole plan together and supervised providing gifts for the Angel Tree program for Christmas for 603

angel tags with the first name, age and gender of a child who will receive the gift. Contributors removed one or more tags of the presents that were requested by the children from the tree and purchased appropriate gifts for the child or children described on the tags.

"We took in over \$25,000 in contributions," Kinder said. "We were able to buy some fantastic toys."

Kinder said the kids didn't just receive one gift, but three. "Each one got an article of clothing sized for the child, a pair of tennis shoes or dress shoes also sized and a toy," he proudly recounted.

"So each child got three gifts."

Moore would often work 13 to 14-hour days, including weekends, to ensure the program was successful, he added.

In addition to the Angel

Tree program, Moore spearheaded the Thanksgiving Holiday Food Basket program.

According to Kinder, 357 families got a gift certificate of \$50 or more depending on the size of the family which enabled approximately 1,500 people to be able to buy turkey and trimmings for Thanksgiving dinner.

Kinder said Moore is the driving force behind the chaplain services IET Coffee House that is held every other Friday night.

If Soldiers stationed here at Fort Huachuca don't recognize Moore by face, they surely know the taste of her hearty beef stew she prepares for the IET Coffee House.

"She buys all the groceries, many time cooks," Kinder said. "She's made chili dogs, she's made beef stew, I mean it's like mom's stew to die for."

"It's phenomenal, I haven't seen anyone with a bigger heart for ministry to reach out and take care of people," Kinder said.

"I love it," Moore exclaimed about working at the Post Chapel. "I love it because we're taking care of people,"

she continued. "It is a lot easier to give than to receive."

Moore is no stranger to the fame that comes with being the civilian of the month. She was Civilian of the Month in 1993.

Moore will receive an Achievement Medal for Civilian Service, the use of a car for one month from Lawley Chevrolet, gift certificates from Sierra Vista merchants, a desk plaque from the Civilian Personnel Advisory Center, a Morale, Welfare and Recreation certificate for lunch or dinner from a Fort Huachuca establishment, a wall plaque from the Sierra Vista Chamber of Commerce and her name, as Civilian of the Month, posted at the main gate.

Supervisors can nominate their deserving employees for Civilian of the Month. Per Fort Huachuca regulation 690-5, all permanent appropriated fund and non-appropriated fund employees are eligible with the exception of employees officially assigned as supervisors (GS-10 and above) and senior executive service personnel. For more information, Contact the CPAC at 533-5273.



Josephine Moore, Fort Huachuca Installation Staff Chaplain's Office, was recognized for her meritorious and selfless service Jan. 3, during a ceremony at the Main Post Chapel.

children," said post chaplain, Col. Douglas Kinder, who nominated Moore for Civilian of the Month.

The Angel Tree was decorated with numbered paper

Range Closures

Today-AG, AL, AM, AP, AR, AU, AW, T1, T1A, T2
 Friday – AL, AR, T1, T1A, T2
 Saturday – AL, AR,
 Sunday – AL, AR
 Monday 09 Jan- AL, AR
 Tuesday 10 Jan- AL, AR, T1, T1A, T2
 Wednesday - AL, AR, AU, AW, T1, T1A, T2
 Contact Range Control at 533-7095.
 Closures are subject to change.

PTSD Discussion Group

Army Community Service will hold a discussion group concerning post traumatic stress disorder at 6 p.m., Jan. 9, and again, at 6 p.m., Jan. 26 at the ACS Building 50010.

PTSD is a psychiatric disorder that can occur following the experience or witnessing of life-threatening events.

Register by calling ACS at 533-2330.

Relocation Workshops

Army Community Service is offering a relocation workshop for Soldiers and family members making their first move at the following times and dates: 1:30 p.m., Jan. 9; 1:30 p.m., Jan. 19; and 6 p.m., Jan. 25. All workshops will be held at the ACS Building 50010. The workshops will discuss expectations, entitlements and budgeting for the move.

Please register by calling ACS at 533-2330.

Germany orientation

Army Community Service will offer a Germany orientation at 6 p.m., Jan. 19, at the ACS Building 50010, for Soldiers and family members going to Germany for the first time.

The class is free, but registration is required by calling ACS at 533-2330 or 533-6874.

Fort Huachuca welcomes newcomers

Army Community Service wants to welcome newcomers to the Fort Huachuca community. The Huachuca Welcome - newcomer's orientations - are scheduled for 9 a.m., Jan. 11, and again, at 9 a.m., Jan. 27 at Murr Community Center.

The orientation will provide information about the installation and the community. A tour of the post is provided

Pre-register by calling ACS at 533-2330. For more information, call Pamela Allen at 533-5919.

Korea orientation

Army Community Service is offering a Korea orientation, 1:30 p.m., Jan. 11; at 6 p.m., Jan. 18; and at 6 p.m., Jan. 31, at the ACS Building 50010, for Soldiers and family members going to Korea for the first time.

The class is free, but please register by calling ACS at 533-2330.

Unit sponsorship training

Good sponsorship is an important factor in the quality of life of the inbound Soldier

and family members.

Let Army Community Service assist your unit in training effective sponsors. Sponsorship training will be held 1:30 p.m., Jan. 12; at 9:30 a.m., Jan. 18; and, at 1:30 p.m., Jan. 26, at the ACS Building 50010.

Please register by calling ACS at 533-2330.

Smooth Move for Kids

Army Community Service will offer the "Smooth Move for Kids" workshop at 2 p.m., Jan. 13 at the ACS Building 50010.

The workshop is designed to help ease the anxiety for children and make moving easier for everyone.

The class is free, but please register by calling ACS at 533-2330.

Financial readiness classes

Army Community Service holds the following financial readiness classes on a monthly basis: checkbook management, 9 - 11:30 a.m., the first Wednesday of the month at the ACS Building 50010; budget planning class, 9 - 11:30 a.m., the second Wednesday of the month, at the ACS Building 50010; and financial readiness training, 1 - 5 p.m., the second Wednesday and Thursday of each month, at Murr Community Center, Building 51301.

The financial readiness training class is mandatory for first-termers, E-4 and below. Others are welcome to attend the training.

The Personal Financial Readiness Program also offers classes to units on a by request basis.

Register by calling ACS, 533-2330, or for more information, call Leigh Henderson at 533-2437.

Weight Loss Support Group

Dietician available for guidance and questions. Talk to others about their journeys, triumphs, and successes. Group meets at Raymond W. Bliss Army Health Center. Jan. 18 5 p.m. to 6 p.m. Group open to anyone on post. Space is limited.

For more information, call 533-3536.

Employer Visit Day

The Army and Career Alumni Program will host an Employer Visit Day, on 19 January from 11:00-13:00 in Bldg. 22420. ACAP is a comprehensive program designed to prepare separating service members and their family members for life outside the military by offering pre-separation counseling and job assistance training. The ACAP Center offers assistance with job search process, developing resumes and cover letters, and sharpening job interview skills. Individual career counseling and extensive library of job search references materials are also available. In addition, ACAP works with employment to maintain national and local listings of employment opportunities.

Employer Visit Day on 19 January at 11:00 am is an ideal venue for soldiers, family member, and industry representatives to discuss their mutual interests. Please feel free to call ACAP for any additional information at 533-5764/7051.

Chaplain's Corner

Protestant Sunday Services

8 a.m.	Episcopal	Main Post
9:20 a.m.	Gospel	Kino Chapel
9:30 a.m.	Protestant	Prosser Village
11 a.m.	Cross Roads	Cochise Theater
11 a.m.	Collective	Main Post
3:30 p.m.	ALPHA	Prosser Village

Roman Catholic Worship

Mon.-Fri.	11:30 a.m.	Main Post
Saturday	4 p.m.	Main Post
Confession		
Saturday	5 p.m.	Main Post
Mass		
Sunday	9:30 a.m.	Main Post
Mass		
Sunday	11:30 a.m.	Kino Chapel
Mass		

Jewish Worship

Friday	7 p.m.	Main Post
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Catholic

Main Post Chapel

CCD	Sunday	10:45 a.m.
Adult	Sunday	10:45 a.m.
Apologetics		
Adoration of the	Friday	3 - 6 p.m.
Sacrament Blessed		
Korean OCIA	Friday	7 p.m.
MCCW	1st Friday	9 a.m.

Protestant

Main Post Chapel

PWOC	Tuesday	9 a.m.
Sunday School	Sunday	9:30 a.m.
<u>Kino Chapel</u>		
Women's Ministry	1st, 3rd Friday	6 p.m.
Bible Study Fellowship		
Adult/Youth	Sunday	8 a.m.
Sunday School		
Youth Church	1st, 2nd, 3rd, 5th Sunday	

Men's Choir	Tuesday	7 p.m.
Rehearsal		
Women's Choir	2nd Tuesday	7 p.m.
Rehearsal		
Adult Bible Study	Thursday	6 - 7 p.m.
Youth Bible Study	Thursday	6 - 7 p.m.
Sanctuary Choir	Thursday	7 p.m.
Rehearsal		
Youth Ushers	Saturday	10 a.m.
Youth Choir	3rd Saturday	10:30 a.m.
Youth Emphasis	4th Saturday	
Saturdays		
Drama Team	Saturday	8:30 a.m.
Youth Min. Staff	Saturday	10 a.m.
& Parents Meeting		
Youth Choir	Saturday	10:30 a.m.
Rehearsal		

Rehearsal		
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Murr Community Center

Teens and	Sunday	9:20 a.m.
Pre-teens Study		
Parish Council	1st Sunday after service	
Meetings		

Women's Ministry	2nd Sunday	
Meetings		
Youth Ministry	3rd Sunday	
Meetings		
Adult Usher	4th Sunday after service	
Meetings		
Men's Ministry	Saturday	8 a.m.
Bible Study		
Women's Choir	5th Saturday	11 a.m.
Rehearsal		

Muslim Prayer

Friday	11:30 a.m.	Main Post
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Buddhist Weekly Teaching

Tuesday	6:30 p.m.	Prosser Village
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Orthodox Divine Liturgy

Sunday	10 a.m.	Main Post
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Latter Day Saints Service

Sunday	1 p.m.	Prosser Village
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ARMOR, from Page A8

within the chain of command, claims forms mailed to USARCS must be accompanied by copies of proof of deployment and proof of purchase, and the items for which reimbursement is sought. Shipping costs for delivering items to USARCS are compensable and can be noted on the DD Form 2902. Again, if the items are not available for turn in, a written explanation as to the reasons why is

sufficient.

Once a claim is filed, the claim will be processed through USARCS for payment by the Defense Finance and Accounting Service. Either USARCS or the claimant's chain of command will inform the claimant of any deficiencies in a claim, and will provide the claimant with ample opportunity to correct any such deficiency. Although the claims process has been designed to ensure rapid

settlement and payment of claims, potential claimants should not wait too long to file claims, as all claims must be filed by 3 October 2006.

More information on the body armor and protective equipment reimbursement program, including a list of reimbursable items together with the pre-established compensation rates, can be found by accessing www.jagcnet.army.mil, and selecting the U.S. Army Claims Service link

under the "Client Services and Links" section. This link can be accessed by the public. Potential claimants can also obtain a printable DD Form 2902 through this link. Claimants or commanders can also contact MAJ Paul Cucuzzella, Project Officer, USARCS, at paul.cucuzzella@emh1.ftmeade.army.mil or at (301) 677-7009 ext. 341, with any questions concerning this program or for additional information.

Fort's 2005 water pumpage lowest in 24-year period

SCOUT REPORTS

Water pumpage in 2005 is 1,403 acre-feet, which is 6 percent less than the 2004 total (1,492 acre-feet) and is the lowest annual pumpage recorded in the 24-year period (1982-2005).

The water pumpage for December 2005 is 31,492,000 gallons, or 97 acre-feet, and is equivalent to one million gallons per day. The December pumpage is 9.3 percent less than that pumped in December 2004 (107 acre-feet) and is 37.8 percent less than the 1982-2004 December average (156

acre-feet).

The December pumpage is the lowest during the 24-year period. At 31,492,000 gallons the December 2005 pumpage is 135,000 gallons less than the December 2003 total.

No water was pumped at the U.S. Forest Service Air Tanker Station on Libby Army Airfield in December. For 2005, 679,342 gallons, or 2.08 acre-feet, was pumped.

Treated effluent reuse for December is 10.8 acre-feet. Treated effluent reuse for 2005 is 287 acre-feet. This is water that did not have to be pumped

from the groundwater aquifer (a water and energy savings) to irrigate the Mountain View Golf Course, Prosser Village and Chaffee Parade Field.

Treated effluent for December delivered to the East Range Recharge Facility was 42.9 acre-feet. The December delivery is 9 percent less than that delivered in December 2004 (47 acre-feet). The total treated effluent delivered for 2005, 437 acre-feet, is 1.2 percent less than the 442 acre-feet delivered in 2004.

The lower water use in December is attributed to the continued effects



of the Water Wise and Energy Smart programs and aggressive water leak detection programs. The on-going family housing demolition and new elementary school construction had little water use associated with their activities in December.

Health Center kicks off Women's Health Initiative

Women no longer have to travel to Sierra Vista for routine care

SCOUT REPORTS

Raymond W. Bliss Army Health Center is pleased to announce the addition of a dedicated Women's Health Initiative. The focus of the Women's Health Initiative is on the maintenance and promotion of the wellness of women. These exams include important screenings such as contraceptive/family planning, breast cancer screening, cervical cancer screening and hormone replacement therapy.

Women have unique health concerns and in order for them to be the best moms, wives, and

sisters, they need to be as healthy as possible. Routine well woman exams are a vital part of a woman's health care regimen.

By being able to offer a provider just for women's health RWBAHC is improving quality of care and convenience for our female beneficiaries. No longer will they have to travel to Sierra Vista for routine women's care. Now women are able to get their exams done on post as well as pick up their prescriptions, receive lab work, and other services at the main Health Center.

Our new Women's Health

Nurse Practitioner comes with impeccable credentials and extensive experience.

Mrs. Martha Conkey received her Women's Health Nurse Practitioner degree at the University of Phoenix. She then went on to work at Associates in Women's Health in Tucson for 4 years. Prior to that she worked on the Mother/Baby Unit at Tucson Medical Center as a Registered Nurse for about 13 years. She also worked at the Breastfeeding clinic at TMC. Mrs. Conkey is passionate about women's health and feels it is a priority for the

patient and their family.

She says it is so vital for women to get check-ups before there is a problem or before a problem gets too big.

Mrs. Conkey has a husband that is active duty Air Force, stationed at Davis Monthan and 5 beautiful children. She also says she loves the Fort Huachuca area and is enjoying being a part of military healthcare.

Mrs. Conkey is working out of the Family Care Clinic in the main building of the Health Center.

In order to get an appointment please call 533-9200.



Change of C

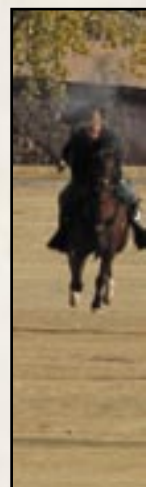
B-Troop, 4th U.S. Cav



Above, Incoming Commander, Chief Warrant Officer Four Rodney Preuss (left) passes the guidon to 1st Sgt. Juan Villareal during a change of command ceremony for B-Troop, 4th U.S. Cavalry (Memorial) on Brown Parade Field on Dec. 16, 2005.

The outgoing Commander is retired Chief Warrant Officer Jay Hizer who served in the position since Dec. 10, 2004.

B-Troop, 4th U.S. Cavalry (Memorial) portrays the U.S. Army Cavalry in the Arizona Territory during the 1880s. Its mission is to promote the heritage and traditions of the U.S. Army, military horsemanship and Fort Huachuca.



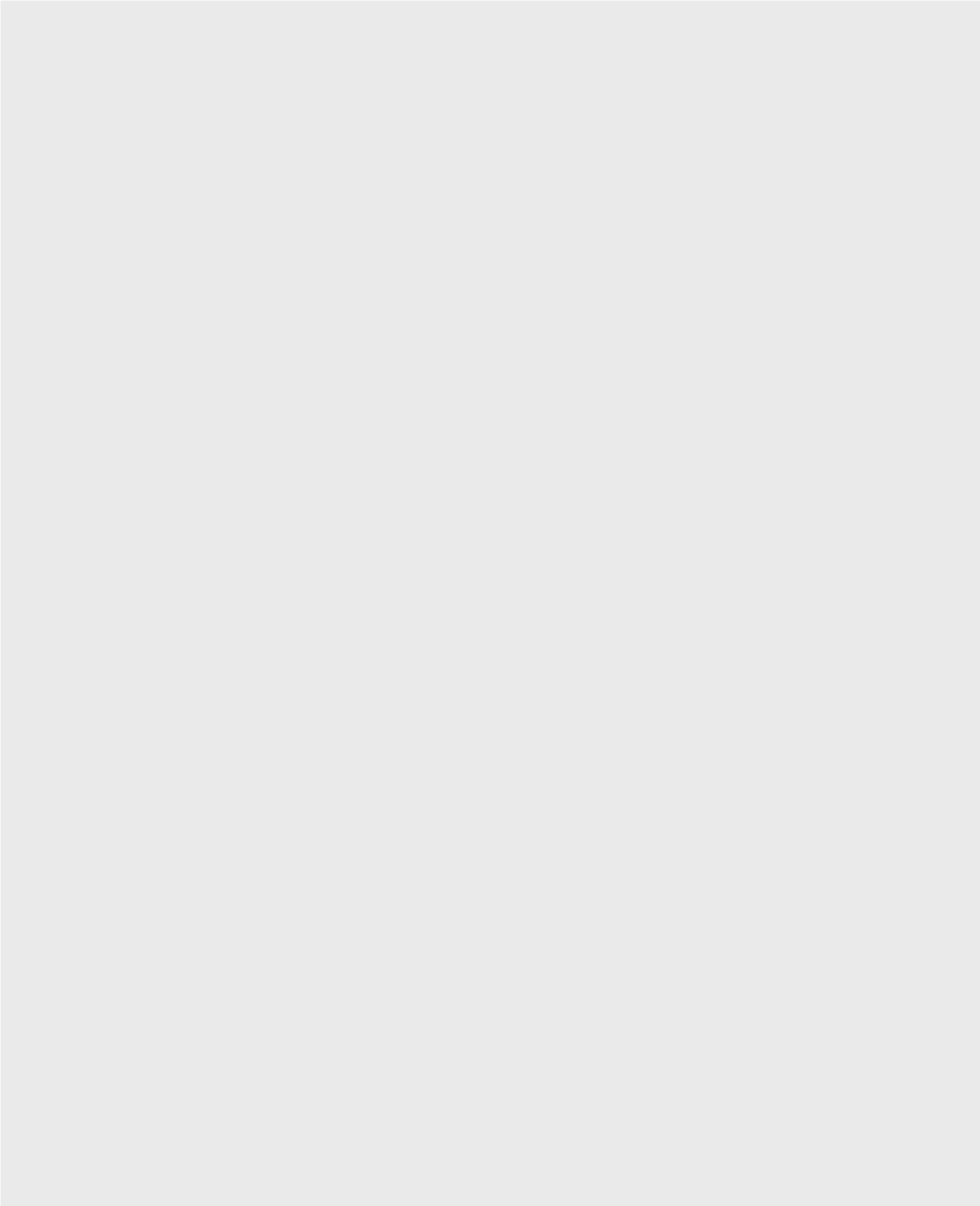
Command

Valry (Memorial)



Photos by Thom Williams







Service News



Sgt. 1st Class Shawn C. Dostie, 32, of Granite City, Ill., died in Baghdad, Iraq, on Dec. 30, when an improvised explosive device detonated near his HMMWV during patrol operations. Dostie was assigned to the 2nd Battalion, 502nd Infantry Regiment, 2nd Brigade Combat Team, 101st Airborne Division, Fort Campbell, Ky.

Spc. Prince K. Teewia, 27, of Durham, N.C., died in Baghdad, Iraq, on Dec. 29, when an improvised explosive device detonated near his HMMWV during combat operations. Teewia was assigned to the 1st Battalion, 506th Infantry Regiment, 4th Brigade Combat Team, 101st Airborne Division, Fort Campbell, Ky.

Sgt. 1st Class Jason L. Bishop, 31, of Williamstown, Ky., died in As Siniyah, Iraq, on Jan. 1, when a vehicle-borne improvised explosive device detonated near his HMMWV during patrol operations. Bishop was assigned to the 1st Squadron, 33rd Cavalry, 3rd Brigade Combat Team, 101st Airborne Division, Fort Campbell, Ky.

Staff Sgt. Ayman A. Taha, 31, of Vienna, Va., died in Balad, Iraq, on Dec. 30, when he was preparing a munitions cache for demolition and the cache exploded. Taha was assigned to the 3rd Battalion, 5th Special Forces Group, Fort Campbell, Ky.

Two Soldiers died in Baghdad, Iraq, on Jan. 5, when an improvised explosive device detonated near their HMMWV during convoy operations. Both soldiers were assigned to the 1st Battalion, 76th Field Artillery Regiment, 4th Brigade Combat Team, 3rd Infantry Division, Fort Stewart, Ga.

Killed were:

Sgt. Jason Lopezreyes, 29, of Hatillo, Puerto Rico.

Spc. Ryan D. Walker, 25, of Stayton, Ore.

Five Soldiers died in An Najaf, Iraq, on Jan. 5, when an improvised explosive device detonated near their HMMWV during convoy operations. The soldiers were assigned to the 3rd Battalion, 16th Field Artillery, 2nd Brigade Combat Team, 4th Infantry Division, Fort Hood, Texas.

Killed were:

Maj. William F. Hecker, III, 37, of St. Louis, Mo.

Capt. Christopher P. Petty, 33, of Vienna, Va.

Sgt. 1st Class Stephen J. White, 39, of Talladega, Ala.

Sgt. Johnny J. Peralez, Jr., 25, of Kingsville, Texas.

Pvt. Robbie M. Mariano, 21, of Stockton, Calif.

Lt. Col. Michael E. McLaughlin, 44, of Mercer, Pa., died in Ar Ramadi, Iraq, on Jan. 5, when he was conducting a dismounted patrol at an Iraqi police recruiting station and an individual-borne improvised explosive device detonated near his position. McLaughlin was assigned to the Army National Guard's 2nd Brigade Combat Team, 28th Infantry Division, Washington, Pa.

Sgt. Adam L. Cann, 23, of Davie, Fla.

Cpl. Albert P. Gettings, 27, of New Castle, Pa.

Lance Cpl. Ryan S. McCurdy, 20, of

Baton Rouge, La.

Cann was killed in action Jan. 5 by a suicide bomb attack on an Iraqi police recruitment center in Ar Ramadi, Iraq. He was assigned to Security Battalion, Marine Corps Base Camp Pendleton, Calif. During Operation Iraqi Freedom, his unit was attached to 2nd Marine Division, II Marine Expeditionary Force (Forward).

Gettings and McCurdy died Jan. 5 from wounds received as a result of enemy small-arms fire while conducting combat operations against enemy forces in Fallujah, Iraq. Gettings was assigned to 2nd Battalion, 6th Marine Regiment, 2nd Marine Division, II Marine Expeditionary Force, Camp Lejeune, N.C. McCurdy was assigned to Headquarters Company, 2nd Marine Division, II Marine Expeditionary Force, Camp Lejeune, N.C.

Two Soldiers died in Umm Qasr, Iraq, on Jan. 7, when their HMMWV was hit by a civilian vehicle.

Killed were:

Sgt. Nathan R. Field, 23, of Lehigh, Iowa. Field was assigned to the Army Reserve's 4249th Port Security Company, Pocahontas, Iowa.

Spc. Robert T. Johnson, 20, of Erwin,

N.C. Johnson was assigned to the Army Reserve's 805th Military Police Company, Raleigh, N.C.

Sgt. Radhames Camilomatos, 24, of Carolina, Puerto Rico, died in Taji, Iraq, on Jan. 7, from non-combat related injuries. Camilomatos was assigned to the 1st Battalion, 66th Armored Regiment, 1st Brigade Combat Team, 4th Infantry Division, Fort Hood, Texas.

Spc. Clinton R. Upchurch, 31, of Garden City, Kansas, died in Samarra, Iraq, on Jan. 7, during patrol operations when an improvised explosive device detonated near his HMMWV and enemy forces attacked using small arms fire. Upchurch was assigned to the 1st Battalion, 187th Infantry Regiment, 3rd Brigade Combat Team, 101st Airborne Division, Fort Campbell, Ky.



Courtesyphoto

There's still time to save on advance tickets for ...

'Friday Nite Laughter' tomorrow at TMAC

Thunder Mountain Activity Centre, along with Top Bananas Entertainment, will present the "Friday Nite Laughter" Comedy Show live at 9 p.m., tomorrow. The show will feature four first-class entertainers.

Opening the show will be Walt Maxam. Maxam is known as "Arizona's Funniest Vietnam Vet." Although Maxam is a relative newcomer to the comedy world, he has appeared at colleges and clubs throughout the states of Arizona and Colorado.

Also featured in the show will be Trinity Cole, a young comedian who performs at clubs and colleges throughout the United States.

Co-headliners will be Patrick Deguire and Scotty Goff. DeGuire has performed frequently on

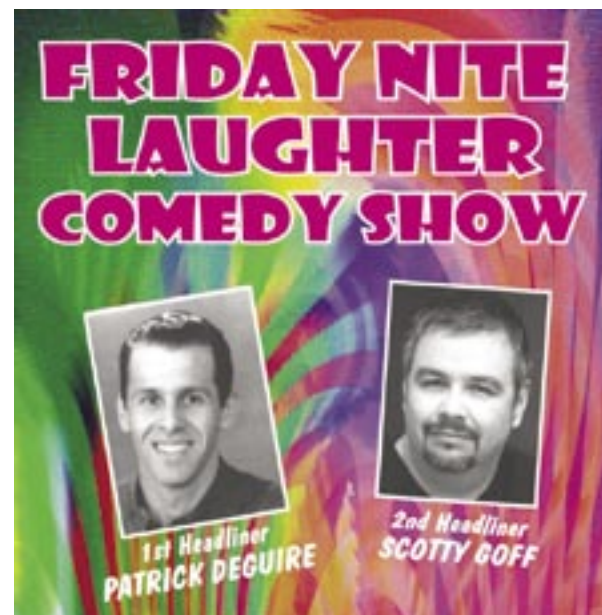
national television, including Comedy Central and Que Loco on Galavision. He has also performed with George Lopez and Tommy Davidson, and overseas in Japan and Korea.

Scotty Goff has also appeared on national television numerous times, including Comedy Central and A&E's Evening at the Improv. He performs at clubs and colleges throughout the United States.

The show features adult entertainment, and is open to the public 18 and older.

Save by purchasing your tickets today for the advance price of \$13 at TMAC, Time Out, the ITR Office and Sierra Vista Safeway. The price will be \$18 at the door.

For more information, call 533-3802.



Tournaments, events coming up at Desert Lanes

Desert Lanes Bowling Center will hold the 3 - 6 - 9 Tournament for active duty military starting at 1 p.m., Saturday.

Entry fee is \$15 and there will be payout at the end of the tournament. All bowlers will receive a 30 pin handicap for each game. In the third, sixth and ninth frames, all bowlers will receive automatic strikes.

Desert Lanes will host an "Age Tournament," starting at 1 p.m., Jan. 21.

This tournament is open to everyone. Participants will bowl five games across 10 lanes. Your age will be your handicap. Entry fee is \$25.

And beginning Feb. 3 at Desert Lanes, from 9 to 11 p.m., the first Friday of every month, will be "Friday Night Madness." For \$12 per person, bowlers will be eligible to win instant cash with color pins, and a special jackpot drawing.

For more information on any of the above events, call Gina Hohnstein at 533-2849.

Free pottery class for active duty starts Saturday at Arts Center

The MWR Arts Center will offer a free pottery class for active duty military only, noon - 2 p.m., Saturday, Jan. 21 and 28.

The Arts Center also regularly offers a wide variety of classes including the "Little Hands" arts and crafts program for children age 5 - 12, from 10:30 to 11:30 a.m., Saturdays. Cost of this program is \$6 per class or \$10 for two classes.

"Kids' Thursday" classes, for ages 3 - 10 are held 3 - 5 p.m., Thursdays. Cost of the program is \$7.50 per child and all materials are included. Pre-registration is required.

A basic black and white photography class will be held 6 - 8 p.m., Jan. 19, 26, Feb. 2 and 9. Cost of this class is \$50 which is due at time of sign up.

Other classes are also offered each month, in-

cluding cake decorating, framing and matting, and jewelry fabrication, to name a few. For a complete list of classes, stop in at the MWR Arts Center, Building 52008, Arizona Street.

For more information or to register, call Riki Tarquinio at 533-2015

Buffalo Corral open for MLK holiday

Buffalo Corral Horseback Riding Stables will be open for the Martin Luther King, Jr. Holiday, 9 a.m. - 4 p.m., Monday for open riding.

The Corral's regular hours are 9 a.m. - 4 p.m., Thursday - Sunday. For more information, call Debra Wilson at 533-5220.

CYS offers orientation to BHS

Child and Youth Services has announced that an orientation for Smith Middle School eighth grade students will be offered Jan. 18. Fort Huachuca's School Liaison Officer, Angie Babcock, will escort the students who will be attending Buena High School beginning in the fall of this year.

For more information, call 533-8346.

All Army Boxing returns to FH

Fort Huachuca will host the 2006 All Army Boxing Championships Jan. 20 and 21 at Barnes Field House. Doors open at 6 p.m. and the bouts start at 7 p.m. Admission for both nights is free to all.

Watch the Army's best boxers, both male and female, battle it out in hard-hitting boxing competitions. For more information, call 533-3180.

'Aerobathon' set for Jan. 28

The Sports and Fitness Branch of MWR will hold a three-hour, non-stop "aerobathon" from 9 a.m. - noon, Jan. 28 at Barnes Field House. Included will be step aerobics, "Pilates," circuit training/body toning and cardio kickboxing.

Pre-registration will be available 7:30 a.m. - 4:30 p.m., Jan. 23 - 27 at BFH. You can also register the day of the event.

The aerobathon is open to all authorized MWR patrons. Cost is \$5 per person, except for Active Duty Military for which the cost is \$3 per person. All participants will receive t-shirts. For more information, call Carrie Bradke at 533-0041.

Free tennis clinic offered

The Sports and Fitness Branch of MWR will offer a free tennis clinic Jan. 28 at the Barnes Field House Tennis Courts. The beginner's clinic, for adults and children, will be held 9:30 - 11 a.m.; the intermediate/advanced players will participate in hitting drills or round robin play 11 a.m. - 2 p.m. Tennis racquets are available to sign out at BFH.

Participants will be eligible to win free court time, day visits and lessons at King's Court Tennis Club, Sierra Vista. For more information, call 533-0040.

ITR has info on travel co-op

The MWR Information, Ticket and Reservations Office has information about www.GovArm.com, the Government and Armed Forces Travel Cooperative. GovArm.com provides leisure and vacation travel services for government and military personnel, including retirees, at discounted rates.

Services range from condominium rentals, cruises, vehicle rental and hotel reservations, to golf discounts and vacation packages. Check back frequently because specials, new inventory and new travel partners are added daily.

Membership is free. Your local MWR receives money for each purchase you make. You can book online or over the phone. Join today and check out the travel and leisure options GovArm.com offers.

Call 533-2404 for more information, or drop by ITR Office. The facility is located in Building 70914, on Irwin Street, with MWR Rents. Their hours of operation are 9 a.m. - 5 p.m., Monday - Friday, and 10 a.m. - 2 p.m., Saturday.



Fort Huachuca Directorate of Morale, Welfare & Recreation

The Directorate of Morale, Welfare & Recreation is responsible for content appearing on the MWR page in The Fort Huachuca Scout. Questions about this section should be directed to MWR Marketing Director, Paula Gorman at 533-8036 or send an e-mail to paula.gorman@huc.army.mil or visit us on the Web at mwrhuachuca.com

The Scout TimeOut



Movies

Aeon Flux plays at 2 p.m. Sunday at Cochise Theater. For the complete listing of this week's movies, see Page B6.

Ask the Dietician Healthy Resolutions

BY CPT JENNIFER L RODRIGUEZ
REGISTERED DIETITIAN

Happy New Year! Can you believe it is already 2006? Although we are entering a new year, resolutions tend to remain the same. You guessed it! The most popular resolution is losing weight.

I try to promote the concept of "being healthy" versus losing weight. A new commercial shows this concept perfectly. People walk around day to day, dragging a scale, chained to their ankle. We so often look at the scale as the proof of success when what we should focus on is health. If you make the honest effort to eat healthy and move more, the weight loss becomes the BONUS. How great is that?

Here are some helpful hints to keep you on track with those "healthy" resolutions:

Watch those portions. Remember the bottom line with weight loss is balancing calories in versus calories out.

Keeping those portions small will help you to eat less. Visit www.mypyramid.gov for detailed information about portion sizes. One easy way to decrease portions is to use a smaller plate.

Move more. The new Guidelines for Americans suggest 60-90 minutes of activity daily. Regular exercise like walking, jogging, and biking are all beneficial for weight loss. Try to incorporate movement everyday in addition to regular exercise. Park your car further away in the parking lot and walk into the store, take the stairs instead of the elevator, and take small walk breaks during the day.

Drink more water. Water is essential for many functions in your body. Drinking at least 8 glasses of water a day will help you to feel fuller at meals and keep you hydrated. Water is calorie free and is a better choice than sweetened drinks such as soda.

Eliminate high calorie beverages. Liquid candy as it is commonly referred

to in the nutrition world include sodas and sugary fruit drinks. One 20 oz can of regular soda contains 17 teaspoons of sugar and 250 calories! If you regularly drink one 20 oz bottle of regular soda per day, you can lose 26 pounds of fat in one year by just eliminating that soda each day. Remember to think your drink. Liquid calories count just as much as food calories.

Focus whole grains. Whole grains contain fiber and fiber helps with satiety and keeps us from eating more of the less healthy foods. Make sure at least half of your daily servings of grains come from whole grains. Choose 100% whole grain bread, brown rice, whole grain cereals and whole wheat pasta.

Eat more fruits and vegetables. Your mom was right! Fruits and vegetables offer so many healthful benefits and yet we tend to fall below the recommended 5 to 9 servings per day. Aim for the colorful, darker vegetables as these contain the most nutrition bang for your buck. Try to fill at least 1/2 of your plate with vegetables at each meal.

Be sure to reward yourself. Each

time you reach a goal, rewarding yourself is a great way to stay motivated and continue on your journey. Don't use food as a reward. This is a sure way to sabotage your efforts. Instead, go out to a movie, buy a new outfit or a new pair of shoes, or better yet, get yourself a massage! You deserve it!

Find some support. Last but certainly not least, get some help. Having others around to pat you on the back or to go to the gym with you is an excellent way to stay on track. Just so happens we now have a support group here at the Health Center. The group meets 2 times per month for about 1 hr. If you are interested in attending the support group, please call 533-3536 to sign up.

Making the decision to follow a healthy lifestyle is the hardest step. You are already there. Take the time to make small changes and you will be successful. Happy Eating!

CPT Rodriguez is a Registered Dietitian at the Raymond W. Bliss Army Health Center on Fort Huachuca. Send questions to jennifer.rodriguez1@us.army.mil.

Commissaries can help customers keep New Year's resolutions

BY BONNIE POWELL

Two New Year's resolutions usually found on everyone's list are "lose weight" and "eat healthy," but keeping them is the hard part. This year, adding a resolution to shop more at the commissary might help as the Defense Commissary Agency debuts a series of shelf signs featuring dietary tips. The signs are part of the ongoing "It's Your Choice, Make it Healthy" campaign.

"We want to be the nutritional leader of the military community," said Patrick B. Nixon, chief executive officer and acting director of DeCA. "Commissaries offer health and wellness products, fresh produce, lean meats and much more - all at cost. And, one of the best ways to lose weight and eat healthy is to know what's in the products you're buying. You can't always do that in restaurants or the fast food

drive-thru, but you can do it by reading labels at the commissary."

The dietary tips, based on the new "Dietary Guidelines for Americans" from the U.S. departments of Agriculture and Health and Human Services, are located where customers will find pizza and frozen entrees, juice, dairy, canned vegetables and fruits, oils and fats, cereals, bread, pasta, rice, canned meats, snack foods and dairy. A generic tip tells customers what "daily value" means on product labels.

"We're not trying to tell people what is good or bad for them," Nixon said. "We're just offering some 'food for thought' while they shop. And since we are very concerned about food safety, customers will also see tips on food handling, preparation and storage."

DeCA collaborated on the shelf signs with a Defense Department weight management integrated

project team of dietitians, including representatives from the Navy Bureau of Medicine and Surgery, Navy Environmental Health Center, the Air Force Medical Service, and the U.S. Army Center for Health Promotion and Preventative Medicine. The signs are a model for the grocery industry.

"It's Your Choice, Make it Healthy" ties in with TRICARE's "Healthy Choices for Life," an awareness campaign addressing three major health problems identified by DoD. "Tobacco, alcohol, and obesity-related issues are leading causes of preventable death in the United States," said Dr. William Winkenwerder Jr., assistant secretary of defense for health affairs. "Preventing these unhealthy behaviors is critical to the readiness of our forces and the health of our nation as a whole."

DeCA's partnership with TRICARE and the medical and nutri-

tion community is intended to encourage military families to think more about using their commissary as a resource to help win the battle of the bulge. "Commissaries and medical benefits are consistently listed as the top military benefits," Nixon said. "Since we serve the same customer base, it makes sense to partner in our outreach efforts, both as an agency - and at the installation level."

DeCA is encouraging store directors at all 268 commissaries worldwide to partner with health and wellness professionals for commissary tours and health and wellness events, particularly during National Nutrition Month in March and Commissary Awareness Month in May. "The shelf signs will make ideal tour stops," Nixon said.

The Defense Commissary Agency operates a worldwide chain of

See **COMMISSARIES**, Page B7

Chalk Talk

The Myer Library will be busy hosting the Geography Bee, holding the final competition on January 17th. After the wrap up of the Geography Bee, they will be starting their Storytelling Unit. This will be completed with the annual storytelling competition.

Many thanks to those of you who donated food items to our school prior to the holidays. The food drive was a huge success and approximately 714 food items were donated to the Fort Huachuca Food Bank to help needy families here on Ft. Huachuca. Thanks again for your generosity from all us at Myer School.

The Character Counts' ethical value for the month of January is Fairness. Students are encouraged to play by the rules, take turns and share, be open-minded and listen to others. Students are asked to dress in the color orange for the

monthly assembly on Tuesday, January 31, at 1:30 PM. If you have any questions in regards to the Character Counts' Program, or if you ever have any other concerns about your child, please contact Mrs. Jan. Camps at 452-4098.

Mrs. Allison Spencer's class wrapped up the second quarter with a Christmas program for family and friends! The children recited individual parts and sang several songs. We had a great winter break and were happy to see and work with each other again! Mrs. Lourdes Soto, our class student teacher, will be taking over more and more responsibility during third quarter. We've begun to learn our new quarter's patriotic song, "America The Beautiful." We are working on recognizing, writing, and understanding the value of numbers 10 - 20. We are firming up our letter/sound knowledge and are practicing blending and segmenting skills. All students read one to two mini books each week in small reading groups and are also learn-

ing reading skills in large group lessons. Up to now, much of our writing has been guided. Students are expected to write about their own ideas much more this quarter!

Mrs. Marian Scott's class sends out happy New Year wishes to all. Students have started their third quarter and are learning all the letters of the alphabet. In math, the kids are working hard to recognize and write all the numbers up to 20. In science, the children have started a unit on the weather and water. Afterwards, they will make their own weather book by writing and illustrating what they like to do in different types of weather. The children really enjoy being authors and illustrators! Jan. 20 is our 100th day of school. The class will have special events planned, and look forward to this day.

We have completed the eighteenth week of the Magellan Running Club, with four running days. Each student receives one point for each 440-yard lap

run. All the top fifth grade runners completed with 42 points each. The top fifth grade girls were Ashley Laszok from Mrs. Celina Mickle's class and Briana McCloskey from Mr. Keith Snyder's class. Mathew Hester from Mrs. Celina Mickle's class and Isaiah Halsey from Mr. Keith Snyder's class scored as the top fifth grade boys. The overall top fifth grade class that had the highest score of 420 points was Mrs. Mickle's class.

For fourth grade news, Juliana Coriz from Mrs. Kathy Bergman's class scored as the top girl, with 35 points. The top Fourth grade boys completed with 42 points each. They include Miles Ritchey and Andrew Camps from Mr. John Christensen's class, and Tyler Scarborough from Mrs. Kathy Bergman's class. The overall top fourth grade classroom that had the highest score of 273 points was Mrs. Kathy Bergman's class. All the students in the running club totaled 501 miles for this week.

Sierra Vista 50th Anniversary



*Countdown:
Sierra Vista turns 50 in
19 weeks*

EDITORIAL COMMENT:

The City of Sierra Vista will celebrate its 50th anniversary, "More than a city—a way of life," May 26-28, 2006. In support of the city's celebration, each month until the celebration weekend, The Fort Huachuca Scout will run one reprinted article from the 1955 and 1956 issues of the "Fort Huachuca Scout," showing what fort life was like 50 years ago. Each week, we'll print one or more highlights of what happened on Fort Huachuca a half century ago.

Sierra Vista was founded in 1956 and annexed Fort Huachuca in 1971. Now, as in the past, the two entities worked together and are involved in many partnerships.

The Fort Huachuca Scout has been in publication for 54 years since 1951. Morgue copies of the "Scout" are available for viewing at the Fort Huachuca Public Affairs Office, Building 21115, 3015 Carnahan Street, across the street from the gazebo at the west end of Brown Parade Field. Call 533-2622 for additional information.

Enjoy reliving Fort Huachuca's past 50 years, and reminisce as we travel back in time. - Joan Vasey

Reprinted from "The Huachuca Scout", January 12, 1956

Washington okays housing project

Construction May Start Next Month On First Wherry Project Homes

Recent approval by the Defense Department for development of 575 units of Capehart Housing, hikes to 1525 the total number of on-post

government quarters set for the Army Electronic Proving Ground. Five hundred units of Wherry Housing and 450 units of MCA (Military Construction Army) Housing have been previously approved.

Fort officials estimate that 475 quarters will be occupied by the end of this year, based on present plans.

Will Help Ease Post's Critical Housing Shortage

Such occupancy will dent for the first time the critical on-post housing problem which has existed here since the Fort's reactivation almost two years ago. Final completion of all 1525 units will provide almost a 100 percent solution to the problem.

WHERRY HOUSING - Construction should begin next month of 500 one, two and three-bedroom homes, 375 of which should be occupied by the end of 1956. The \$4,229,000 project will be located approximately four miles northeast of the Main Post area along "F" Avenue. First families are expected to move in by May. Wherry Quarters will be built and rented by the Rubenstein Company of Phoenix.

MCA HOUSING - Bids will be advertised this month by Los Angeles District Engineers on 200 of the 450 two and three-bedroom units slated for construction. The bids will be opened in February and construction will get started shortly after successful bidder is announced. The 200 units will be located on the west side of "F" avenue across from the Wherry Project site. Approximately 100 will be ready for occupants by the end of this year.

Additional MCA Housing - Another 250 sets of MCA Housing have been authorized for design by the Los Angeles District Engineers. These MCA quarters will be located on the Main Post area along Winrow Avenue, northeast of the Henry Circle

housing area. Total MCA housing construction figure is approximately \$3,250,000. Supervision for construction rests with the Los Angeles District Engineers. MCA quarters are owned and rented by the government to military personnel.

CAPEHART HOUSING - Defense Department has approved 575 units for development on post. It is estimated that competitive bidding will be advertised in six to eight months by the Fort Purchasing and Contracting Officer following architect-engineering design studies and insurance processing.

With Capehart Housing, the U.S. Army Corps of Engineers can be called upon to perform construction work if a successful private bidder is not obtained. These housing units will be located in the Main Post area. Approximately \$7,762,500 will be involved in their eventual construction.

Grand Opening for Rest Center - First group of fifty men leaves for dude ranch

Fifty lucky men left yesterday morning to vacation at Fort Huachuca's resort Dude Ranch, a former boys' ranch converted to a vacation paradise for Post military personnel. This is the first group of men to use the facilities at the ranch located just 17 miles from the West Gate in the San Raphael Valley.

The AEPG has leased the dude ranch through non-appropriated Army Welfare and Morale Funds from Jack Guthrie, its owner and operator. It plans to renew the lease if the program is successful.

In the planning stages for over a year, the ranch will benefit Post military personnel, both single men and those married men whose wives are not here with them.

A new cycle will begin each Wednesday, ending Sunday, and the men will report back to duty on Monday morning.

Fit for Life

Start off a healthy new year

BY GEORGE R. COLFER, PH.D.
CONTRIBUTING WRITER

Happy New Year!

For most people, it is a time for reflection on the past, plans for the future and resolutions for a better life. Hopefully 2006 can become all you want it to be.

In regard to health and fitness, resolutions normally focus on breaking bad habits or beginning healthy ones which usually will call for a change in one's lifestyle. If you are truly motivated and have self-discipline, you will succeed to some degree. When positive results occur, motivation should continue. However for many reasons, most resolutions will fail and fall by the wayside leaving one more frustrated and feeling guilty than before. Some reasons for failure include setting one's expectations too high, unrealistic goals and grueling regimens of exercise or diet that cannot be sustained. Also, don't put much hope into programs that advertise "fitness forever" or "fitness for a lifetime". There is no such thing. Fitness and weight control must be practiced for a

lifetime. Programs and goals may change, but you must remain an active participant in physical activity. You cannot reach a goal and just stop without reversing much of what you achieved.

Another reason for not continuing an exercise program is injury, whether it be accidental or from overuse. Far more dropouts occur from overuse injury and excessive fatigue than athletic-type injuries. Sprains, strains, cuts and even fractures will heal and training can resume. Overuse injuries such as tendonitis, shin splints, chronic foot and back pain are more likely to reoccur and can prove very frustrating especially in the early phases of training. Overuse injuries can be avoided or prevented by using common sense in regard to duration, frequency and intensity of training. In other words, don't attempt to do too much, too often, or too hard.

Even though 2006 has begun, it's not too late to make resolutions that can lead to a health and fitness lifestyle. The following information is some of the best advice to come out of 2005.

A. Core training is a must! Training your core muscles should become a first priority (back, abdomen, pelvis and hip region). They support and provide a stable foundation for the legs, arms and shoulders. Core strength is necessary to reach maximum potential in any physical activity.

B. Strength train two to three times weekly. For strength maintenance, resistance exercise must be done at least twice weekly. Various forms of strength training can be used to maintain a strong body.

C. Lower weights slowly (eccentric contraction). For at least one set of each exercise, lower the resistance slow and smooth after each lift or repetition. This will help the muscles to absorb force or shock in athletics and military activity. It will also assist in movements with gravity, resisting force or descending against gravity (downhill hiking, running, Mountain biking, etc.).

D. Exercising to the extreme does not improve your health and longevity much more than moderate exercise does. Unless needed for athletic or military performance, moderate exercise will sustain most people well for purposes of health, weight control and physical fitness.

E. Stretching for flexibility is recommended on a daily basis. Specific exercises or various types of yoga practice for

fifteen minutes per day will improve flexibility, posture, muscular endurance, balance and relieve stress.

F. Exercise outside. Studies have shown that outdoor exercise is more beneficial than indoors. Reasons: less monotony; more variety; more aesthetic value; decrease boredom; will seem easier due to outdoor environment and visual distractions (keeping your mind occupied).

G. The lo-carb diet is out! Despite the diet industry's criticism of carbohydrate foods, we still know the value to our bodies from complex carbohydrates, especially whole-grain foods. Carbohydrates are necessary for a wholesome, nutritious diet and provide body fuel for physically active people.

H. More dietary fiber means less heart disease. Ten grams or more of cereal and fruit fiber each day will cut one's risk of coronary heart disease significantly. Best sources include oatmeal, whole grain and all-bran cereals, dried figs, raspberries, apples, strawberries, dried plums and whole wheat bread.

I. Restful sleep is essential to good health. Research states that seven hours is ideal for most adults, but may vary from six to eight hours. Sleep affects the balance of hormones in the body which can decrease the body's ability to fight off various diseases or illness if restful sleep is not achieved.

Martin Luther King Holiday hours

Admin Office
16 Jan - Closed

Launderette
24/Seven

Main Store
16 Jan - 10 a.m.-5 p.m.

Barber Shop Main Store
16 Jan - 10 a.m.-4 p.m.

Beauty Shop
16 Jan - 10 a.m.-4 p.m.

Flower Shop
16 Jan - 10 a.m.-4 p.m.

GNC
16 Jan - 10 a.m.-4 p.m.

Ups Store
16 Jan - 10 a.m.-4 p.m.

Optical Shop

16 Jan - 10 a.m.-4 p.m.

Wired Coffee Main Px
16 Jan - Closed

Wired Coffee Health Center
16 Jan - Closed

Xtreeme Franks
16 Jan - Closed

Baskin Robins
16 Jan - Closed

Anthony's Pizza
16 Jan - 10 a.m.-5 p.m.

Robin Hood Deli
16 Jan - 1030-4 p.m.

Furn/Odl
16 Jan - 10 a.m.-5 p.m.

Shoppette/Class 6
16 Jan - 8 a.m.-8 p.m.

Barracks Phone Center

16 Jan - Closed

Laundry, Dry Cleaner,
Alteration
16 Jan - 10 a.m.-2 p.m.

At&T Cyber Zone
16 Jan - 8 a.m.-8 p.m.

Barber Shop Regimental
16 Jan - Closed

See **HOURS**, Page B7

Fort Huachuca Community Spouses' Club Luncheon

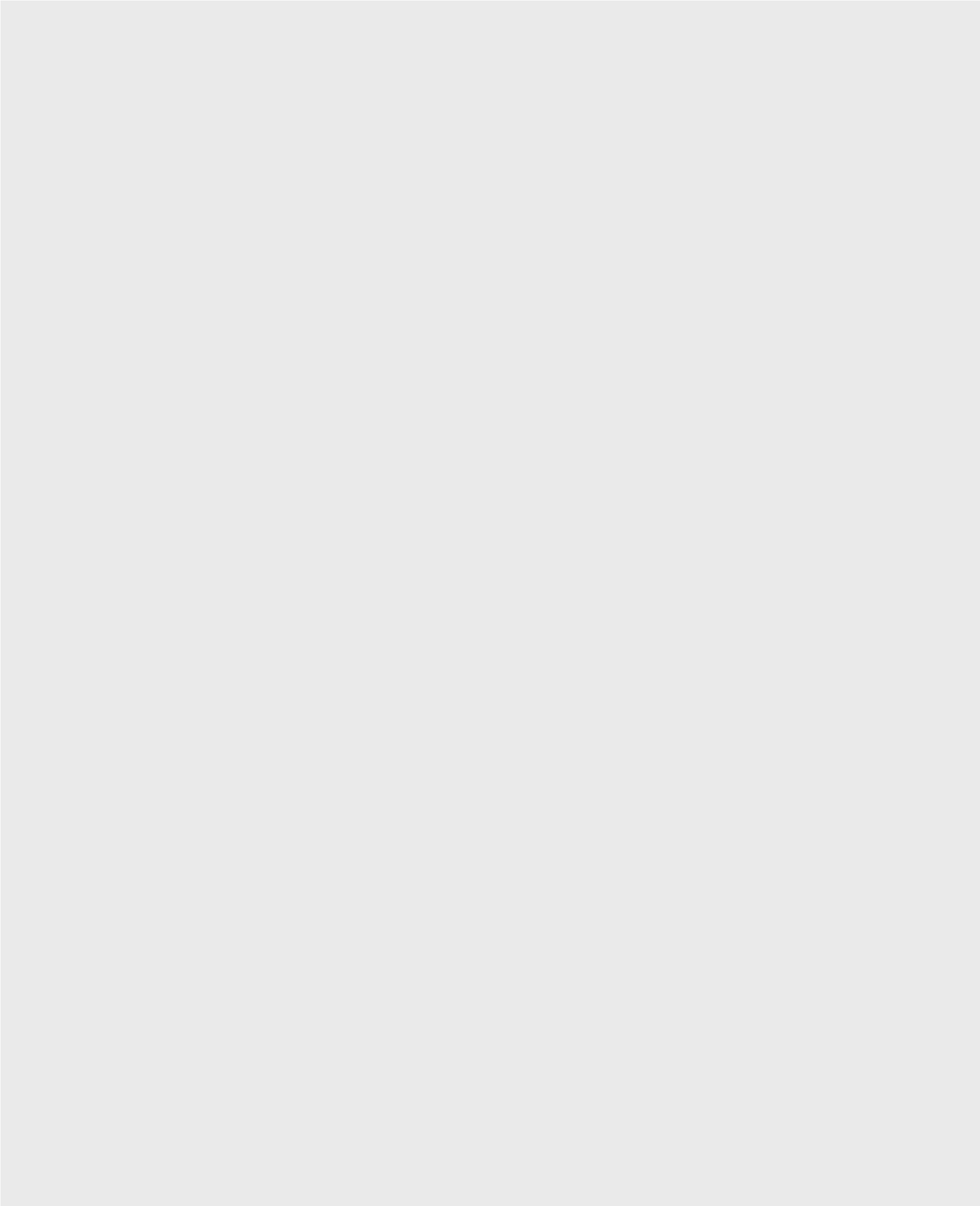
Join the Fort Huachuca Community Spouses' Club on Wednesday, January 18, 2006 for the January "Wild West" Luncheon at the Thunder Mountain Activity Centre, located on Irwin Road, Fort Huachuca. Social hour begins at 10:30 and lunch is served at 11:30, with a cost of \$10.00 in advance, and \$12.00 at the door. The menu for the luncheon will be a Wild West Buffet to include BBQ ribs and chicken, western rice, corn on the cob, cowboy beans, cornbread, dessert, coffee and tea.

Come enjoy Cowboy Poetry with guest speaker Bud Strom and start the new year with some of his humorous and enlightening poetry. Bud Strom is an Army retiree turned rancher who now plays an integral part of and performs at the annual Cochise Cowboy Poetry and Music Gathering. The 14th Annual Cowboy Poetry and Music Gathering will be held February 3-5, 2006 at the Buena Performing Arts Center. This event has been named by Gov. Napolitano as the state's first official "Arizona Treasure". Join us at the luncheon for your "sneak preview".

Additionally, the We Care project for January is Supporting the Forgach House Domestic Crisis Center in Sierra Vista. The FHCSC will be collecting a wide va-

riety of items. Items to consider donating are personal hygiene items, clothing, food, and monetary donations. Forgach House Domestic Crisis Center provides a 24-hour hotline, shelter, food, counseling, and case management services to victims of domestic violence in the local area. All donations are greatly appreciated. Please bring your donations to the luncheon.

For reservations please contact Victoria Glynn at 458-2475 or via email at victoriaglynn@cox.net. The deadline for reservations is Friday, January 13th at noon. On-site childcare is available on a first-come, first-served basis. Reserve your spot for childcare with Victoria Glynn when you make your luncheon reservation.



Annual AFAP conferences this month

The annual Army Family Action Plan Conference will be held Jan. 25 - 27 at Thunder Mountain Activity Centre.

AFAP is the process that gives Soldiers and their families a voice. Conference participants take an active role in maintaining a quality standard of living within the Army. AFAP starts with people submitting issues, concerns or problems to the local AFAP Office.

AFAP issue boxes have been distributed throughout the post, and forms are available at these boxes. Everyone is encouraged to participate by completing one of these forms.

Guidelines for submitting an issue are as follows: There is no limit to the number of issues you may submit, but submit just one issue per sheet. Make sure that the issue has a community-wide impact and is not merely a personal problem. And, finally, suggest a solution to the issue.

The conference will discuss the issues that are submitted, determining those that can be fixed within the local community, and those that need to be forwarded for higher level attention. Approximately 90 percent of issues are retained and worked at the local level.

Active and Reserve Component Soldiers and their families, retirees, surviving spouses, teens and Department of the Army civilians are invited to participate in any of the following roles: delegate, facilitator, recorder, transcriber, subject matter expert and administrative support.

Fort Huachuca teens also have a chance to make a difference by becoming

a part of the Teen Army Family Action Plan Conference, to be held Jan. 21 at the Youth Services Building, Cushing Street.

If you are interested in making a difference, plan now to participate in one of the AFAP conferences.

For more information or to volunteer, call Cheryl Patterson at 533-3686 or Army Community Service at 533-2330, or e-mail: cheryl.patterson2@hua.army.mil.

Vendors sought for Nursing Career Day

The Cochise College Nursing Department is looking for vendors to participate in Nursing Career Day to be held Thursday, Jan. 26 at the Sierra Vista Campus. The Career Day will be 1 to 4 p.m. in the library commons and will allow participants to network with about 100 nursing students. Vendor registration includes a six-foot table, Internet access, and limited electricity. For more information, call (520) 417-4074.

Retiree Appreciation Day

The RAD will be held 8:00 a.m. to 12:00 p.m., January 20 at the Thunder Mountain Activity Centre. Enjoy a Chicken & Fish Buffet Lunch for \$7, and listen to guest speakers covering a wide range of retiree interests. The buffet is open to the public as well.

Musical Tribute to Dr. Martin Luther King, Jr.

The United States Army Intelligence Center and Fort Huachuca Military Equal

Opportunity Office presents "One Race; One World; One Voice," a concert featuring performances by several church choirs from the community, from 5 p.m. to 6:30 p.m. on January 15 at the Main Post Chapel. Kino Chapel will host a buffet following the event at Murr Community Center from 6:45 p.m. to 9 p.m. For more information call the Military Equal Opportunity Office 533-3696/5305, the 111th Military Intelligence Brigade EEO 533-3672, the NETCOM EEO 538-0909 or the 11th Signal Brigade EEO 533-5502.

SLO offers orientation to BHS

Child and Youth Services has announced that an orientation for Smith Middle School eighth grade students will be offered Jan. 18. Fort Huachuca's School Liaison Officer, Angie Babcock, will escort the students who will be attending Buena High School in the fall. For more information, call 533-8346.

Attention post residents

The Fort Huachuca Hazardous Material Control Center maintains a self-help storage locker for excess usable products such as cleaning supplies, paint, and oil. Post housing residents are encouraged to request needed items from the HMCC and to turn-in serviceable excess. No paperwork is required and all issues are free. The HMCC is located on Jim Avenue, Building 90417. For further information call 533-3477.

Save your organization money

HMCC has an inventory of hazard-

ous materials available for issue at no charge. Organizations having valid requirements for hazardous materials may contact the HMCC to coordinate issue. Point of Contact for this action is Mr. Frank Moreno, 533-1263.

MOAA hosts regular meeting

The Coronado Chapter of the Military Officers Association of America cordially invites all officers, Active, Guard, Reserve, Retired, Former, Foreign and guests to attend it's regular monthly meeting 11 a.m. Jan. 19 at the Thunder Mountain Activity Center. Lunch will be served at 11:15 a.m. You do not have to be a current MOAA member to attend.

The guest speaker is Susan Lorentz, a retired DOD civilian who is a graduate of the Command and General Staff College and the Army War College. She was a professor of Information Systems at Western International University. Her topic will be "Return from Old Age".

For more information contact Chapter Secretary COL (Ret) Allen Rossow at 520/439-4144 or email alrossow@cox.net.

Girl Scout cookie cook-off

The Fort Huachuca Girl Scout service unit of the Sahuaro Council will be at the Murr building at 5:30 p.m. on Friday. This kick-off is a fun filled evening before venturing out on Saturday, when the girls can start taking cookie orders.

For more information, call 417-2487 or 439-5042.

Watch CAC

For the latest news on the Fort Huachuca community as well as all of your military branches worldwide, the Commander's Access Channel (Channel 97) is your first and most reliable source.

The Scout will notify the community of the return of the Fort Report and until then, keep tuned to the CAC for other pertinent post information.



Pets Of The Week



Brandi is a 2-year-old spayed Australian Shepherd. Courtesy photo from petfinder.com.



Snow White is a medium-sized pure-white red-eyed rabbit. Courtesy photo from petfinder.com.

These animals and more are available for adoption from the Fort Huachuca Veterinary Treatment Facility. For more information, call 533-2767 or visit forthuachucapetfinder.com. In accordance with Army regulation, stray animals are kept for three working days to find an owner. After three days, they are either placed up for adoption or humanely euthanized. Strays are available for adoption for 30 days until they are euthanized.

At The Movies

Showing at the Cochise Theater for the next week are:

AFAP

Today -7 p.m.

Yours, Mine, Ours

PG-13

Friday

Just Friends

PG-13

Saturday -7 p.m.

Saw 2

R

Sunday -2 p.m.

Aeon Flux

PG-13

Monday - Wednesday

Closed

Reduced prices on Thursday evening and Sunday matinees.

From **COMMISSARIES**,
Page B1

commissaries providing groceries to military personnel, retirees and their families in a safe and secure shopping environment. Authorized patrons purchase items at cost plus a 5-percent surcharge, which covers the costs of building new commissaries and modernizing existing ones. Shoppers save an average of 30 percent or more on their purchases compared to commercial prices - savings worth about \$2,700 annually for a family of four. A core military family support element, and a valued part of military pay and benefits, commissaries contribute to family readiness, enhance the quality of life for America's military and their families, and help recruit and retain the best and brightest men and women to serve their country

From **HOURS**, Page B3

Wired Coffee
16 Jan - 9 a.m.-8 p.m.

Enterprize
16 Jan - 11 a.m.-2 p.m.

Laundry & Dry Cleaner MCSS
16 Jan - Closed

Mcass
16 Jan - Closed

Cochise Theater
16 Jan - Closed

Burger King
13 Jan - 6 a.m.-9 p.m.
14 Jan - 8 a.m.-8 p.m.
15 Jan - 8 a.m.-6 p.m.
16 Jan - 10 a.m.-5 p.m.

Greely Hall Diner
16 Jan - Closed

Barber Shop Greely Hall
16 Jan - Closed

Jitc Cafeteria
13 Jan - 7 a.m.-1 p.m.

16 Jan - Closed

Mobil
13 Jan - Closed
16 Jan - Closed

Regimental Retail Store
16 Jan - 8 a.m.-8 p.m.

Regimental Food Court-Anthonys
14 Jan - Noon-5 p.m.
15 Jan - Noon-5 p.m.
16 Jan - Noon-8:30 p.m.

Regimental Food Court Charleys
14 Jan - Noon-8 p.m.
15 Jan - Noon-8 p.m.
16 Jan - Noon-8 p.m.

Regimental Food Court Popeyes
14 Jan - Noon-8:30 p.m.
15 Jan - Noon-8:30 p.m.
16 Jan - Noon-8:30 p.m.

Main Gate Shoppette
16 Jan - 8 a.m.-8 p.m.

Taco Johns
16 Jan - Closed

Fort Huachuca Tax Center opens Jan 26

Bring your W-2s, 1099s, Social Security Cards, and last year's Adjusted Gross Income numbers and get your taxes prepared and e-filed.

The hours are
M,T,TH,F: 8:30 a.m. to 4:30 p.m.; W: 11 a.m to 7 p.m.

Taxes will be done on an appointment basis. Walk-ins will be held on Tuesdays and Thursdays. For more information, or to make an appointment, call the Tax Center at (520) 533-1040.

